

F. MEDICAL CONSULTATIONS AND EXAMS

1. Medical Consultation

A laboratory worker will be offered a medical consultation or examination at no cost under the following circumstances:

- a. If it is likely that the worker will be or has been exposed to a substance at a level in excess of either the OSHA recommended Action Levels, or in their absence, Permissible Exposure Limit (PEL) or the Threshold Limit Value (TLV) recommended by the ACGIH. REHS should be consulted for assistance in assessing the exposure or potential for exposure.
- b. If a laboratory worker develops signs or symptoms associated with exposure to a chemical being used.
- c. In the event of an exposure to chemicals through a spill, explosion, or other accident.

2. Procedure

- a. All medical consultations are provided at no cost through the University Health Center located at each campus. The attending University physician will decide if the person needs to be referred to an area hospital or other such medical facility for further treatment. Off-campus facilities should contact the Occupational Health physician at Hurtado Health center for assistance in arranging for medical surveillance.
- b. In case of exposure to a chemical spill, accident, explosion, etc., or onset of symptoms associated with a chemical being used, the supervisor of the laboratory shall refer the employee to the appropriate health center. If the center is closed or not easily accessible, he/she should be sent to the Emergency Room of the nearest hospital.
- c. The supervisor shall collect as much information as possible about the person, chemical(s) involved, MSDSs and HSFSSs, symptoms, exposure monitoring results, and other relevant data, and present this information to the physician, if needed.
- d. The physician in charge will inform the employee about the medical examination results, related conditions, tests required, and any follow-up required.
- e. REHS will be advised of the results of relevant tests conducted by the attending University physician.

3. Medical Records

- a. The University physician shall keep written records of all such medical examinations. These records must be maintained for the length of employment plus thirty years.
- b. Such records must contain, but are not limited to, physicians' opinions, recommendations, results of any tests performed and any follow-ups.
- c. Upon written request, such records shall be made available for review by the employee or an authorized representative.
- d. All such records shall be maintained and made available for review in accordance with the OSHA standard 29 CFR 1910.1020.